

FELLOWSHIP OF THE SPIRIT WEST RETREAT 2020

| | FRIDAY | SATURDAY | SATURDAY | SUNDAY |
|--------------|-------------------------------------|-------------------|-------------------|---------------------------------|
| DATE | 9/4/2020 | 9/5/2020 | 9/5/2020 | 9/6/2020 |
| TIME | | MAIN ROOM | UPSTAIRS ROOM | MAIN ROOM |
| 6:00 - 6:45 | | | YOGA | YOGA |
| 7:00 - 7:45 | | | MEDITATION | MEDITATION |
| 8:00 - 9:00 | | BREAKFAST | | BREAKFAST |
| 9:00-10:30 | | STEP 1 PANEL | | |
| 9:30 - 11:00 | | | | CLOSING SPEAKER & ANNOUNCEMENTS |
| 10:45-11:45 | | STEPS 2 & 3 | | |
| 12:00-1:00 | | LUNCH | | |
| 1:00 -2:00 | | STEPS 4 & 5 PANEL | WORKSHOP | |
| 2:15 - 3:15 | | STEPS 6 & 7 | WORKSHOP | |
| 3:30 - 4:30 | REGISTRATION OPENS @ 4PM | STEPS 8 & 9 PANEL | WORKSHOP | |
| 4:45 -5:45 | | STEPS 10 & 11 | WORKSHOP | |
| 6:30 - 7:30 | DINNER (House Announcements) | DINNER | | |
| 7:30 - 9:00 | | MAIN SPEAKER | | |
| 8:00 - 9:30 | WELCOME & OPENING SPEAKER | | | |
| 9:30 - 10:15 | MEDITATION (UPSTAIRS) | | MEDITATION | |
| 11:00 | LIGHTS OUT | LIGHTS OUT | LIGHTS OUT | |